## AMENDMENTS TO THE SPECIFICATION

Please amend the following paragraph after paragraph [0011].

FIGS. 5 and 5A illustrate the details of the grooves 53. The grooves 53 are radially opposed on approximately opposite sides of the end portion 51. The grooves 53 extend from a terminal end 200 of the end portion 51 along the length 59 of the end portion 51. Each groove 53 only partially longitudinally extends along an outer surface 202 of the end portion 51. Each groove 53 has a radial surface width 204 that defines an open slot 206 at the outer surface 202 of the end portion 51. Each groove 53 has a bottom floor 208 at a depth 210 from the outer surface 202. The bottom floor 208 has a floor width 212 that is greater than the radial surface width 204, such that side walls 214 of the groove 53 form an acute angle 216 to the bottom floor 208. Each groove 53 has a terminal end at which the open slot 206 terminates at a semi-circular end wall blending to the wider bottom floor 208. The bottom floor 208 of each groove 53 also has a convex shape 218 such that a radius 220 of the bottom floor 208 is less than, and concentrie, to an outer radius 222 of the end portion 51.